



Andover Elementary School

April

2025

Meal Prices

Student Lunch	\$3.00
Reduced Price Lunch	FREE
Student Breakfast	\$2.25
Reduced Price Bfast	FREE
Milk only	\$0.75
Adult Lunch	\$5.00
Adult Breakfast	\$2.75

All Meals include a choice of Skim or 1% White Milk or Skim Flavored Milk

All breads & grains are whole grain rich for better health!

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



April Fools Day! 1
Choose one
 1. Emoji Nuggets
 Macaroni and Cheese
 2. Cheeseburger
 3. Yogurt Plate
Choose up to Three
 Baked Beans
 Fresh Baby Carrots
 Assorted Fruit
 Choice of Milk

2
Choose one
 1. Waffles and Syrup
 Sausage Patty
 2. Hot Dog
 3. Yogurt Plate
Choose up to Three
 Baked Hash Brown Potato
 Fresh Baby Carrots
 Assorted Fruit
 Choice of Milk

3
Choose one
 1. BBQ Rib
 on a Bun
 2. Cheeseburger
 3. Yogurt Plate
Choose up to Three
 California Mixed Vegetables
 Fresh Baby Carrots
 Assorted Fruit
 Choice of Milk

4
Choose one
 1. Choice of
 Pizza
 2. Hot Dog
 3. Yogurt Plate
Choose up to Three
 Fresh Vegetable Sticks
 Fresh Baby Carrots
 Assorted Fruit
 Choice of Milk

7
Choose one
 1. Chicken Patty
 on a Bun
 2. Hot Dog
 3. Yogurt Plate
Choose up to Three
 Baked Beans
 Fresh Baby Carrots
 Assorted Fruit
 Choice of Milk

8
Choose one
 1. Mozzarella Sticks
 Marinara Sauce
 2. Cheeseburger
 3. Yogurt Plate
Choose up to Three
 Seasoned Green Beans
 Fresh Baby Carrots
 Assorted Fruit
 Choice of Milk

9
Choose one
 1. Pancakes & Syrup
 Sausage Patty
 2. Hot Dog
 3. Yogurt Plate
Choose up to Three
 Baked Hash Brown Potato
 Fresh Baby Carrots
 Assorted Fruit
 Choice of Milk

10
Choose one
 1. General Tso or Orange
 Chicken with Asian Rice
 2. Cheeseburger
 3. Yogurt Plate
Choose up to Three
 Seasoned Broccoli
 Fresh Baby Carrots
 Assorted Fruit
 Choice of Milk

Early Release 11
Choose one
 1. Choice of
 Pizza
 2. Hot Dog
 3. Yogurt Plate
Choose up to Three
 Fresh Vegetable Sticks
 Fresh Baby Carrots
 Assorted Fruit
 Choice of Milk



Spring Break April 14 - 18, 2025



21
Choose one
 1. Chicken Nuggets
 Seasoned Noodles
 2. Hot Dog
 3. Yogurt Plate
Choose up to Three
 Seasoned Green Beans
 Fresh Baby Carrots
 Assorted Fruit
 Choice of Milk

22
Choose one
 1. Walking Tacos
 with Chips
 2. Cheeseburger
 3. Yogurt Plate
Choose up to Three
 Refried Beans
 Fresh Baby Carrots
 Assorted Fruit
 Choice of Milk

23
Choose one
 1. French Toast Sticks
 Sausage Patty
 2. Hot Dog
 3. Yogurt Plate
Choose up to Three
 Baked Hash Brown Potato
 Fresh Baby Carrots
 Assorted Fruit
 Choice of Milk

24
Choose one
 1. Cheese
 Quesadilla
 2. Cheeseburger
 3. Yogurt Plate
Choose up to Three
 Baked French Fries
 Fresh Baby Carrots
 Assorted Fruit
 Choice of Milk

25
Choose one
 1. Choice of
 Pizza
 2. Hot Dog
 3. Yogurt Plate
Choose up to Three
 Fresh Vegetable Sticks
 Fresh Baby Carrots
 Assorted Fruit
 Choice of Milk

28
Choose one
 1. Chicken Tenders
 Seasoned Noodles
 2. Hot Dog
 3. Yogurt Plate
Choose up to Three
 Seasoned Broccoli
 Fresh Baby Carrots
 Assorted Fruit
 Choice of Milk

29
Choose one
 1. Cheese Calzone
 Marinara Sauce
 2. Cheeseburger
 3. Yogurt Plate
Choose up to Three
 Seasoned Green Beans
 Fresh Baby Carrots
 Assorted Fruit
 Choice of Milk

30
Choose one
 1. Pancakes & Syrup
 Sausage Patty
 2. Hot Dog
 3. Yogurt Plate
Choose up to Three
 Baked Hash Brown Potato
 Fresh Baby Carrots
 Assorted Fruit
 Choice of Milk

1
Choose one
 1. Grilled Cheese
 Tomato Soup
 2. Cheeseburger
 3. Yogurt Plate
Choose up to Three
 Baked French Fries
 Fresh Baby Carrots
 Assorted Fruit
 Choice of Milk

2
Choose one
 1. Choice of
 Pizza
 2. Hot Dog
 3. Yogurt Plate
Choose up to Three
 Fresh Vegetable Sticks
 Fresh Baby Carrots
 Assorted Fruit
 Choice of Milk

Come join us for Breakfast!

Just \$2.25 for All Students!

Choices may include:

- ◆ Fresh Made Bacon & Egg Sandwich
- ◆ Assorted Muffins ◆ Assorted Cereal
- ◆ Cinnamon Buns ◆ Breakfast Bars
- ◆ Pastries

All choices come with Fruit, Juice and Milk

**Students approved for FREE or Reduced lunches are automatically eligible from FREE breakfast*

Don't skip the Most Important Meal of the Day!



Substitute Kitchen Help needed!

Come Join Our Amazing Team!

The Coventry/Andover School Food Service is now hiring kitchen workers. Help contribute to the students' educational day by feeding them satisfying, healthy meals. This rewarding and convenient position is great for parents or grandparents of school-aged children. The hours are generally 10 am to 1:30 pm with some variation per school. If you are interested or would like more information, please call Beth Pratt, Director of School Food Services, at 860-742-4535 between 6:00 a.m. and 2:00 pm, Monday through Friday. To apply, go to <https://www.applitrack.com/coventry/onlineapp/>.

Drink, Calories and Container Size (fluid ounces)

Teaspoons of Sugar per Container Size

Minutes of Brisk Walking to Burn Off the Drink (walking at 3.5 mph)



Soda
227 calories
20 fl. oz.

14 tsp



49 min.



Sports Drink
125 calories
20 fl. oz.

9 tsp



27 min.



Energy Drink
240 calories
16 fl. oz.

15 tsp



52 min.



Juice Drink
305 calories
20 fl. oz.

17 tsp



66 min.



Fruit-flavored Soda
165 calories
12.5 fl. oz.

11 tsp



36 min.



Vitamin-added Water
125 calories
20 fl. oz.

8 tsp



27 min.



Sweetened Tea
213 calories
20 fl. oz.

14 tsp



46 min.



Water
0 calories
20 fl. oz.

0 tsp



0 min.



Parents – Log onto family.schoolcafe.com or download the "SchoolCafe Family Hub" app to view your student's account balance and make payments. For more information about your school lunch program, visit <http://www.coventrypublicschools.org/district/food-services>.

Please inform your school nurse if your child has a food allergy.

Visit <https://www.coventrypublicschools.org/district/wellness-committee> to be involved in school wellness!

Questions or comments about your student's lunches? We'd love to hear from you! Call the Food Service Office at 860-742-4535. **This institution is an equal opportunity provider.**

Follow us on Social Media!



CoventryAndoverSchoolFoodService



coventryandoverschoolnutrition