



AES Early Learning Center

April

2025

Meal Prices

Student Lunch	\$3.00
Reduced Price Lunch	FREE
Student Breakfast	\$2.25
Reduced Price Bfast	FREE
Milk only	\$0.75
Adult Lunch	\$5.00
Adult Breakfast	\$2.75

All Meals include a choice of Skim or 1% White Milk or Skim Flavored Milk

All breads & grains are whole grain rich for better health!

MONDAY



TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

April Fools Day! 1

Choose one

1. Emoji Nuggets
Seasoned Noodles
Baked Beans
2. Yogurt Plate with
Muffin & String Cheese
Cucumber Coins

**Fruit & Milk included
in all Meals**

2

Choose one

1. Waffles and Syrup
Sausage Patty
Baked Hash Brown
2. Yogurt Plate with
Dinner Roll & String Cheese
Baked Hash Brown

**Fruit & Milk included
in all Meals**

3

Choose one

1. BBQ Rib
on a Bun
California Mixed Vegetables
2. Yogurt Plate with
Muffin & String Cheese
Raw Broccoli Trees

**Fruit & Milk included
in all Meals**

4

Choose one

1. Choice of
Pizza
Fresh Vegetable Sticks
2. Yogurt Plate with
Dinner Roll & String Cheese
Fresh Vegetable Sticks

**Fruit & Milk included
in all Meals**

7

Choose one

1. Chicken Patty
on a Bun
Baked Beans
2. Yogurt Plate with
Dinner Roll & String Cheese
Cucumber Coins

**Fruit & Milk included
in all Meals**

8

Choose one

1. Mozzarella Sticks
Marinara Sauce
Seasoned Green Beans
2. Yogurt Plate with
Muffin & String Cheese
Fresh Vegetable Sticks

**Fruit & Milk included
in all Meals**

9

Choose one

1. Pancakes and Syrup
Sausage Patty
Baked Hash Brown
2. Yogurt Plate with
Dinner Roll & String Cheese
Baked Hash Brown

**Fruit & Milk included
in all Meals**

10

Choose one

1. Orange Chicken
with Fried Rice
Seasoned Broccoli
2. Yogurt Plate with
Muffin & String Cheese
Raw Broccoli Trees

**Fruit & Milk included
in all Meals**

11

Early Release

Choose one

1. Choice of
Pizza
Fresh Vegetable Sticks
2. Yogurt Plate with
Dinner Roll & String Cheese
Fresh Vegetable Sticks

**Fruit & Milk included
in all Meals**



Spring Break April 14 - 18, 2025



21

Choose one

1. Chicken Nuggets
Seasoned Noodles
Seasoned Broccoli
2. Yogurt Plate with
Dinner Roll & String Cheese
Raw Broccoli Trees

**Fruit & Milk included
in all Meals**

22

Choose one

1. Cheeseburger
on a Bun
Cucumber Coins
2. Yogurt Plate with
Muffin & String Cheese
Cucumber Coins

**Fruit & Milk included
in all Meals**

23

Choose one

1. French Toast Sticks
Sausage Patty
Baked Hash Brown
2. Yogurt Plate with
Dinner Roll & String Cheese
Baked Hash Brown

**Fruit & Milk included
in all Meals**

24

Choose one

1. Cheese
Quesadilla
Baked French Fries
2. Yogurt Plate with
Muffin & String Cheese
Cucumber Coins

**Fruit & Milk included
in all Meals**

25

Choose one

1. Choice of
Pizza
Fresh Vegetable Sticks
2. Yogurt Plate with
Dinner Roll & String Cheese
Fresh Vegetable Sticks

**Fruit & Milk included
in all Meals**

28

Choose one

1. Chicken Tendrers
Seasoned Noodles
Seasoned Broccoli
2. Yogurt Plate with
Dinner Roll & String Cheese
Raw Broccoli Trees

**Fruit & Milk included
in all Meals**

29

Choose one

1. Cheese Calzone
Marinara Sauce
Seasoned Green Beans
2. Yogurt Plate with
Muffin & String Cheese
Cucumber Coins

**Fruit & Milk included
in all Meals**

30

Choose one

1. Pancakes and Syrup
Sausage Patty
Baked Hash Brown
2. Yogurt Plate with
Dinner Roll & String Cheese
Baked Hash Brown

**Fruit & Milk included
in all Meals**

1

Choose one

1. Grilled Cheese
Tomato Soup
Baked French Fries
2. Yogurt Plate with
Muffin & String Cheese
Cucumber Coins

**Fruit & Milk included
in all Meals**

2




Choose one

1. Choice of
Pizza
Fresh Vegetable Sticks
2. Yogurt Plate with
Dinner Roll & String Cheese
Fresh Vegetable Sticks

**Fruit & Milk included
in all Meals**



Snack provided daily may include:

- | | | |
|---------------------|---|---------------|
| Fresh Orange Smiles |  | Apple Sauce |
| Sliced Peaches |  | Teddy Grahams |
| Gold Fish Crackers |  | String Cheese |
| 100% Fruit Pops | | Cherrios |
| Cucumber Coins | | Apple Slices |
| Strawberry Cups | | Pretzels |



Come join us for Breakfast!



Just \$2.25 for All Students!

Options include:

- ◆ Pancakes
 - ◆ Assorted Muffins
 - ◆ Assorted Cereal
- All choices come with Fruit, Juice and Milk
























**Students approved for FREE or Reduced lunches are automatically eligible from FREE breakfast*

Don't skip the Most Important Meal of the Day!

Drink, Calories and Container Size (fluid ounces)

Teaspoons of Sugar per Container Size

Minutes of Brisk Walking to Burn Off the Drink (walking at 3.5 mph)

 Soda 227 calories 20 fl. oz.	 14 tsp	49 min. 
 Sports Drink 125 calories 20 fl. oz.	 9 tsp	27 min. 
 Energy Drink 240 calories 16 fl. oz.	 15 tsp	52 min. 
 Juice Drink 305 calories 20 fl. oz.	 17 tsp	66 min. 
 Fruit-flavored Soda 165 calories 12.5 fl. oz.	 11 tsp	36 min. 
 Vitamin-added Water 125 calories 20 fl. oz.	 8 tsp	27 min. 
 Sweetened Tea 213 calories 20 fl. oz.	 14 tsp	46 min. 
 Water 0 calories 20 fl. oz.	 0 tsp	0 min. 

Parents – Log onto **family.schoolcafe.com** or download the "SchoolCafe Family Hub" app to view your student's account balance and make payments. For more information about your school lunch program, visit <http://www.coventrypublicschools.org/district/food-services>.

Please inform your school nurse if your child has a food allergy.

Visit <https://www.coventrypublicschools.org/district/wellness-committee> to be involved in school wellness!

Questions or comments about your student's lunches? We'd love to hear from you! Call the Food Service Office at 860-742-4535. **This institution is an equal opportunity provider.**

Follow us on Social Media!



CoventryAndoverSchoolFoodService



coventryandoverschoolnutrition

Substitute Kitchen Help needed! Come Join Our Amazing Team! The Coventry/Andover School Food Service is now hiring kitchen workers. Help contribute to the students' educational day by feeding them satisfying, healthy meals. This rewarding and convenient position is great for parents or grandparents of school-aged children. The hours are generally 10 am to 1:30 pm with some variation per school. If you are interested or would like more information, please call Beth Pratt, Director of School Food Services, at 860-742-4535 between 6:00 a.m. and 2:00 pm, Monday through Friday. To apply, go to <https://www.applitrack.com/coventry/onlineapp/>.