| Meal Prices |  |
| :--- | ---: |
| Student Lunch | $\$ 3.00$ |
| Reduced Price Lunch | FREE |
| Student Breakfast | FREE |
| Reduced Price Bfast | FREE |
| Milk only | $\$ 0.75$ |
| Adult Lunch | $\$ 4.75$ |
| Adult Breakfast | $\$ 2.50$ |
| All Meals include a choice of |  |
| Skim or 1\% White Milk or Skim |  |
| Flavored Milk |  |
| All breads \& grains are whole |  |
| grain rich for better health! |  |

## MONDAY



Choose one

1. Chicken Nuggets

Macaroni and Cheese Smile Fries
2. Yogurt Plate with

Bagel \& String Cheese
Raw Broccoli Trees
Fruit \& Milk included in all Meals

Choose one

1. Chicken Patty on a Bun Baked Beans
2. Yogurt Plate with

Bagel \& String Cheese Cucumber Coins

Fruit \& Milk included in all Meals

Choose one

1. Mismatched Chicken Nuggets
Baked French Fries
2. Yogurt Plate with

Bagel \& String Cheese Cucumber Coins
Fruit \& Milk included in all Meals

Choose one
Pasta and Meatballs Marinara Sauce Seasoned Green Beans
2. Yogurt Plate with

Muffin \& String Cheese
Fresh Vegetable Sticks
Fruit \& Milk included in all Meals

## Choose one

1. Orange Chicken with Seasoned Rice Seasoned Broccoli
2. Yogurt Plate with

Muffin \& String Cheese
Cucumber Coins
Fruit \& Milk included
in all Meals

## WEDNESDAY

Choose one

1. French Toast Sticks Sausage Patty
Baked Hash Brown Potato
2. Yogurt Plate with

Bagel \& String Cheese
Baked Hash Brown
Fruit \& Milk included in all Meals
8

## Choose one

1. Waffles \& Syrup Sausage Patty
Baked Hash Brown Potato
2. Yogurt Plate with

Bagel \& String Cheese
Baked Hash Brown
Fruit \& Milk included in all Meals

Choose one

1. Pancakes \& Syrup Sausage Patty Baked Hash Brown Potato
2. Yogurt Plate with

Bagel \& String Cheese
Baked Hash Brown
Fruit \& Milk included in all Meals

Choose one

1. Waffles \& Syrup Sausage Patty
Baked Hash Brown Potato
2. Yogurt Plate with

Bagel \& String Cheese
Baked Hash Brown
Fruit \& Milk included in all Meals

THEURSDAY

Choose one

1. Cheese Burger on a Bun
Refried Beans
2. Yogurt Plate with

Muffin \& String Cheese
Cucumber Coins
Fruit \& Milk included in all Meals

Choose one

1. Cheese

Quesadilla
Refried Beans
2. Yogurt Plate with

Muffin \& String Cheese Cucumber Coins
Fruit \& Milk included in all Meals

Choose one

1. Grilled Cheese Sandwich
Seasoned Broccoli
2. Yogurt Plate with

Muffin \& String Cheese
Raw Broccoli Trees
Fruit \& Milk included in all Meals

Choose one

1. Hamburger on a Bun
Seasoned Broccoli
2. Yogurt Plate with

Muffin \& String Cheese
Raw Broccoli Trees
Fruit \& Milk included in all Meals

FRTDAY

Choose one

1. Choice of Pizza
Fresh Vegetable Sticks
2. Yogurt Plate with

Bagel \& String Cheese
Fresh Vegetable Sticks
Fruit \& Milk included in all Meals

Choose one

1. Choice of Pizza
Fresh Vegetable Sticks
2. Yogurt Plate with

Bagel \& String Cheese
Fresh Vegetable Sticks
Fruit \& Milk included in all Meals

Choose one

1. Choice of Pizza
Fresh Vegetable Sticks
2. Yogurt Plate with

Bagel \& String Cheese
Fresh Vegetable Sticks
Fruit \& Milk included in all Meals

Choose one

1. Choice of Pizza
Fresh Vegetable Sticks
2. Yogurt Plate with

Bagel \& String Cheese
Fresh Vegetable Sticks
Fruit \& Milk included in all Meals

## Like us on Facebook! @CoventryAndoverSchoolFoodService

Follow us on Twitter! @CPS_AES_SchFood


| School will be closed today to celebrate Memorial Day! | Choose one <br> 1. Cheese Calzone <br> Seasoned Broccoli <br> 2. Yogurt Plate with <br> Muffin \& String Cheese <br> Raw Broccoli Trees <br> Fruit \& Milk included in all Meals | Choose one <br> 1. French Toast Sticks Sausage Patty <br> Baked Hash Brown <br> 2. Yogurt Plate with Bagel \& String Cheese Baked Hash Brown <br> Fruit \& Milk included in all Meals | Choose one <br> 1. Turkey Slider on a Bun <br> Cucumber Coins <br> 2. Yogurt Plate with <br> Muffin \& String Cheese <br> Cucumber Coins <br> Fruit \& Milk included in all Meals | Choose one <br> 1. Choice of Pizza <br> Fresh Vegetable Sticks <br> 2. Yogurt Plate with Bagel \& String Cheese Fresh Vegetable Sticks <br> Fruit \& Milk included in all Meals |
| :---: | :---: | :---: | :---: | :---: |
| Choose one <br> 1. Chicken Nuggets Macaroni and Cheese Seasoned Broccoli <br> 2. Yogurt Plate with Bagel \& String Cheese Raw Broccoli Trees <br> Fruit \& Milk included in all Meals | Choose one <br> 1. Pizza Bites with Marinara Seasoned Green Beans <br> 2. Yogurt Plate with Muffin \& String Cheese Fresh Vegetable Sticks <br> Fruit \& Milk included in all Meals | Choose one <br> 1. Waffles \& Syrup Sausage Patty <br> Baked Hash Brown Potato <br> 2. Yogurt Plate with Bagel \& String Cheese Baked Hash Brown <br> Fruit \& Milk included in all Meals | 1. Cheese Quesadilla <br> Refried Beans <br> 2. Yogurt Plate with Muffin \& String Cheese Raw Broccoli Trees Fruit \& Milk included in all Meals | 1. Choice of Pizza <br> Fresh Vegetable Sticks <br> 2. Yogurt Plate with Bagel \& String Cheese Fresh Vegetable Sticks <br> Fruit \& Milk included in all Meals |
| Choose one <br> 1. Chicken Patty on a Bun Baked Beans <br> 2. Yogurt Plate with Bagel \& String Cheese Cucumber Coins <br> Fruit \& Milk included in all Meals | Choose one <br> 1. Mozzarella Sticks with Marinara Sauce Seasoned Broccoli <br> 2. Yogurt Plate with Muffin \& String Cheese Raw Brocooli Trees <br> Fruit \& Milk included in all Meals | Choose one <br> 1. Cheese Calzone Marinara Sauce Fresh Vegetable Sticks <br> 2. Yogurt Plate with Bagel \& String Cheese Fresh Vegetable Sticks <br> Fruit \& Milk included in all Meals | Early Release $\quad 13$ <br> $\frac{\text { Choose one }}{\text { 1. Choice of }}$ <br> Pizza <br> Fresh Vegetable Sticks <br> 2. Yogurt Plate with <br> Muffin \& String Cheese <br> Raw Brocooli Trees <br> Fruit \& Milk included <br> in all Meals |  |
| Snack provided daily may include:  <br> Fresh Orange Smiles Apple Sauce <br> Sliced Peaches Teddy Grahams <br> Gold Fish Crackers String Cheese <br> $100 \%$ Fruit Pops Cherrios <br> Cucumber Coins Apple Slices <br> Strawberry Cups Pretzels <br> Come join us for Breakfast! <br> Fresh Orange Smiles Sliced Peaches Gold Fish Crackers 100\% Fruit Pops Cucumber Coins Strawberry Cups <br> Apple Sauce Teddy Grahams String Cheese Cherrios <br> Apple Slices Pretzels <br> It's FREE for All Students! <br> Options include: Pancakes <br> Assorted Muffins <br> Assorted Cereal <br> All choices come with Fruit, Juice and Milk <br> Don't skip the Most Important Meal of the Day! |  |  |  |  |

## Part Time \& Substitute Kitchen Help needed!

The Coventry/Andover School Food Service is now hiring part time and substitute kitchen workers. Help contribute to the students' educational day by feeding them satisfying, healthy meals. This rewarding and convenient position is great for parents or grandparents of school-aged children. The hours are generally 10 am to 1:30 pm with some variation per school. If you are interested or would like more information, please call Beth Pratt, Director of School Food Services, at 860-742-4535 between 6:00 a.m. and 2:00 pm, Monday through Friday. To apply, go to https://www.applitrack.com/coventry/onlineapp/. Come Join Our Amazing Team!

Parents: Visit www.myschoolaccount.com to view your student's account balance and make payments. Want to be involved in school wellness? Visit: https://www.coventrypublicschools.org/district/wellness-committee Questions or comments about your student's meals? We'd love to hear from you! Call the Kitchen at 860-742-7339 or the Food Service Office at 860-742-4535. The AES Early Learning Center participates in the Child \& Adult Care Food Program and Child Nutrition Program. All menus meet or exceed the nutritional requirements of these programs.

Please inform your school nurse if your child has a food allergy.
This institution is an equal opportunity provider.

